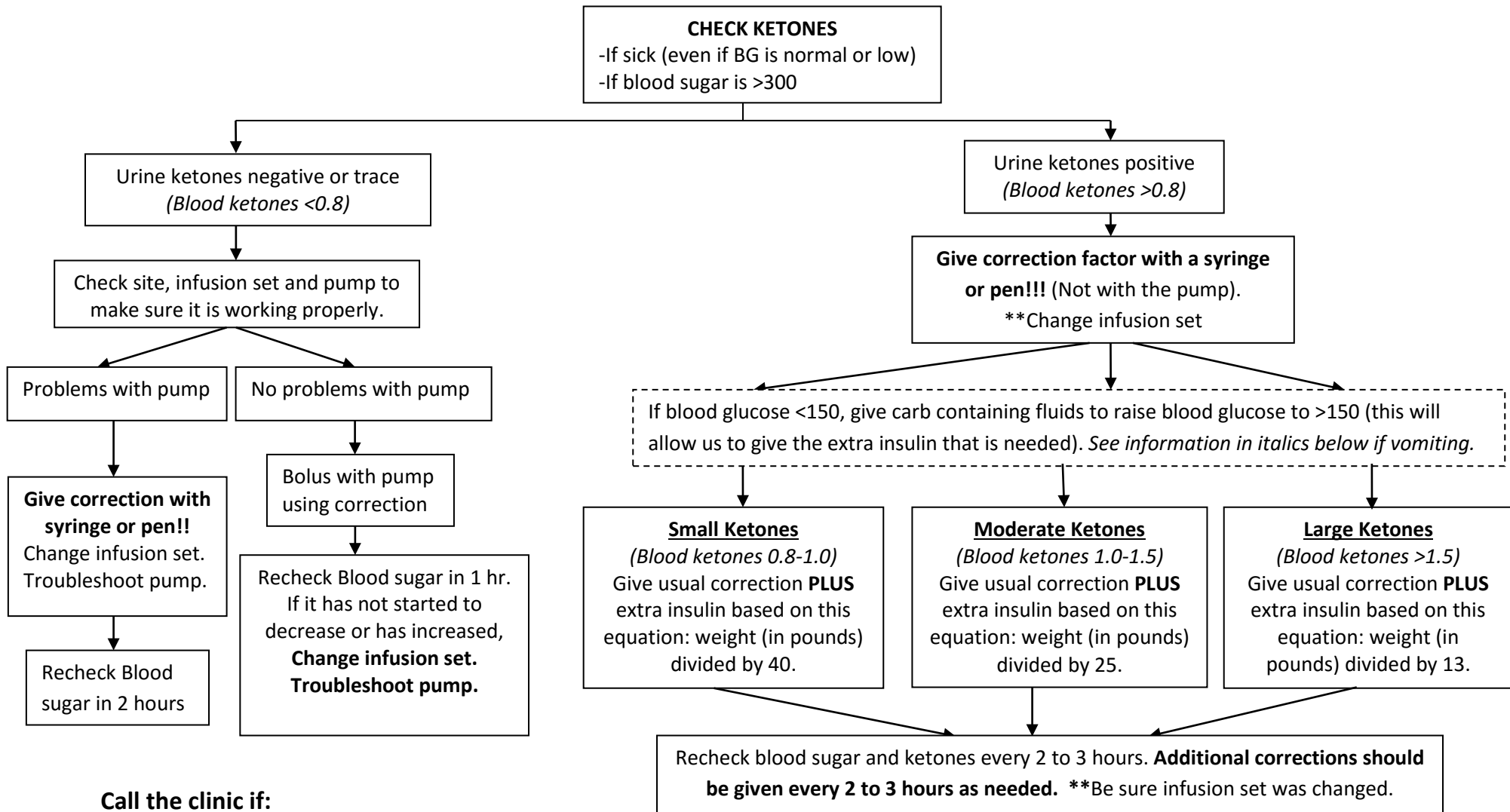


Sick Day / Ketone Management for Patients on a Pump



Call the clinic if:

- Ketones do not start to decrease after 2 corrections
- Blood sugar is low and you are having difficulty bringing it up
- You feel your child's condition is getting worse

*****If calling, be sure to have current blood sugar value AND ketone level.**

Revised 5/16

- ❖ Ketones cause resistance to insulin which is why extra insulin is needed.
- ❖ Try to combine any insulin given for food with the above calculated correction.
- ❖ If vomiting, offer *sips* of fluids (carbohydrate-free fluids if blood sugar is >150 or carbohydrate containing fluids if blood sugar is <150) every 10 to 15 minutes, starting 30 minutes after episode of vomiting. Start with very small quantities of fluid and **slowly** increase the amount over the course of the day if able to keep fluids down. Large amounts of fluid can induce vomiting. If vomiting (more than once), call Dr. Bishop. She may want to prescribe an anti-nausea medication.